



**Mc** | AESTHETICS

BESPOKE COSMETIC TRAINING

MANCHESTER • LEEDS • BIRMINGHAM

TRAINING COURSES

[www.mc-aesthetics.co.uk](http://www.mc-aesthetics.co.uk)

# Mc | AESTHETICS

BESPOKE COSMETIC TRAINING

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## Thank you for displaying an interest in Mc Aesthetics Cosmetic Training.

As one of the UK's leading cosmetic brands, renowned for our work with an impressive following & celebrity clientele, our bespoke courses have been carefully tailored in order to deliver the knowledge, skills and artistry you require to bring the signature Mc Aesthetics look to your own VIP client list.

Our courses offer everything you need to successfully begin your journey into the aesthetic industry with on-going mentorship and support from our team of expert medical professionals. We have been training medics for several years, many who have gone on to run hugely successful aesthetic companies. Our new and exciting Beauty Therapy route to aesthetics courses have been carefully designed after much demand. We ensure that within your practice you are now able to deliver safe, evidenced based treatments providing your clients with the highest quality service and results they desire.

Special Offer

£1700 + VAT

Complete Beginners Course

# STARTING FROM SCRATCH?

## BECOME A FULLY QUALIFIED AESTHETIC PRACTITIONER **12 CERTIFICATES**

**NO  
EXPERIENCE  
REQUIRED**

**FINANCE  
AVAILABLE**

- Anatomy & Physiology
- Lip Augmentation
- Dermal Filler
- Botulinum Toxin
- Microneedling
- Dermaplane
- Emergency First Aid
- Anaphylaxis
- Complications Management
- Dissolver/Reversal with Hyalase
- Building a Business
- Social Media & Marketing



Special Offer

£1150 + VAT

Beginners Group Course

1-1 options available on enquiry

# MEDIC BEGINNER 2 DAY COURSE

Combined Foundation Botulinum Toxin, Dermal Filler & Lip Augmentation

## Why train with Mc Aesthetics?

- 2 days in - depth training
- Up to date evidence based theory and practical with hands on experience.
- Gain certification and a recognised qualification
- Receive accreditation including your name and company promoted on our official Mc website.
- Ongoing mentorship, advice and support

## Course Objectives

Our Combined Foundation Botulinum Toxin, Dermal Filler and Lip Augmentation includes everything you need to kick start your journey into the exciting business of aesthetics.

We will equip you with the skills required to provide safe and ethical medical aesthetic treatments – inclusive of patient consultation, facial analysis, identification of potential complications, complication management and appropriate aftercare.

You will gain a thorough knowledge of facial anatomy whilst beginning to understand the science and pharmacology behind hyaluronic acid dermal fillers and botulinum toxin and how they can be used to their full potential not only to combat the ageing process but promote outstanding enhancements to each individual client.

Unique to our training courses you will also receive guidance and support in terms of building a successful new business, marketing advice and receive accreditation including your name and company promoted on our official Mc website.

NO  
EXPERIENCE  
REQUIRED

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FINANCE  
AVAILABLE

## ULTIMATE AESTHETIC BOSS TRAINING COURSE

### Why train with Mc Aesthetics?

- Pathway day
- Anaphylaxis/ First Aid
- Dermaplane
- Microneedling
- B12
- Skin Booster
- Anatomy & Physiology
- Managing Complications
- Lip Augmentation
- Dermal Filler
- Botulinum Toxin
- KK Package (Jaw/Chin/Cheek filler)
- Advanced Toxin (Hyperhidrosis, Gummy Smile, Chin, Masseter, Lip Flip, Pixie Nose Tip)
- Dissolver/Reversal (Hyalase)
- Business & Marketing Handbook
- Social Media Handbook



## CAREER GLOW UP

# BECOME AN AESTHETIC PRACTITIONER SUPER COURSE - 10 CERTIFICATES

### Course Overview

This super course offers all that you need in order to become an aesthetic practitioner.

Our intense course is filled with all crucial aspects required to enable you to practice safely and ethically, and will equip you with the knowledge and skills you require to begin your new career.

You will receive our in depth bespoke pre-study prior to attending and following completion of the course you will be fully qualified and certified in:

- Anatomy & Physiology
- Lip Augmentation
- Dermal Filler
- Botulinum Toxin
- Emergency First Aid
- Anaphylaxis
- Complications Management
- Dissolver/Reversal with Hyalase
- Building a Business
- Social Media & Marketing

Special Offer

£1250 + VAT

1-1 options available on enquiry

**NO  
EXPERIENCE  
REQUIRED**

**FINANCE  
AVAILABLE**

### Course Requirements

#### Must have either;

- NVQ Level 2/3 in Beauty (or equivalent)
- 6+ months experience in SPMU / Microneedling
- Medcal Pin Registration (NNMC/GMC/GDC)

Special Offer

£1250 + VAT

Complete Beginners Course

# ADVANCED FILLER & TOXIN COMBO COURSE

## Course Overview

This package is the **ULTIMATE** course to learn our signature KK package areas and toxin styles.

This bespoke course has been designed by Mc Aesthetics managing Director, Rebecca Mac, specifically to help up your Aesthetics game and develop high quality skills in a range of advanced in-demand treatments.

**We will focus on areas such as:**

- Jaw/ Chin/ Cheek filler
- Hyperhidrosis
- Masetter
- Gummy smile
- Lip flip
- Nose tip
- Nefertiti neck lift
- Eyebrow lift
- Bunny lines
- Smokers/kiss lines



# KK CONTOUR PACKAGE

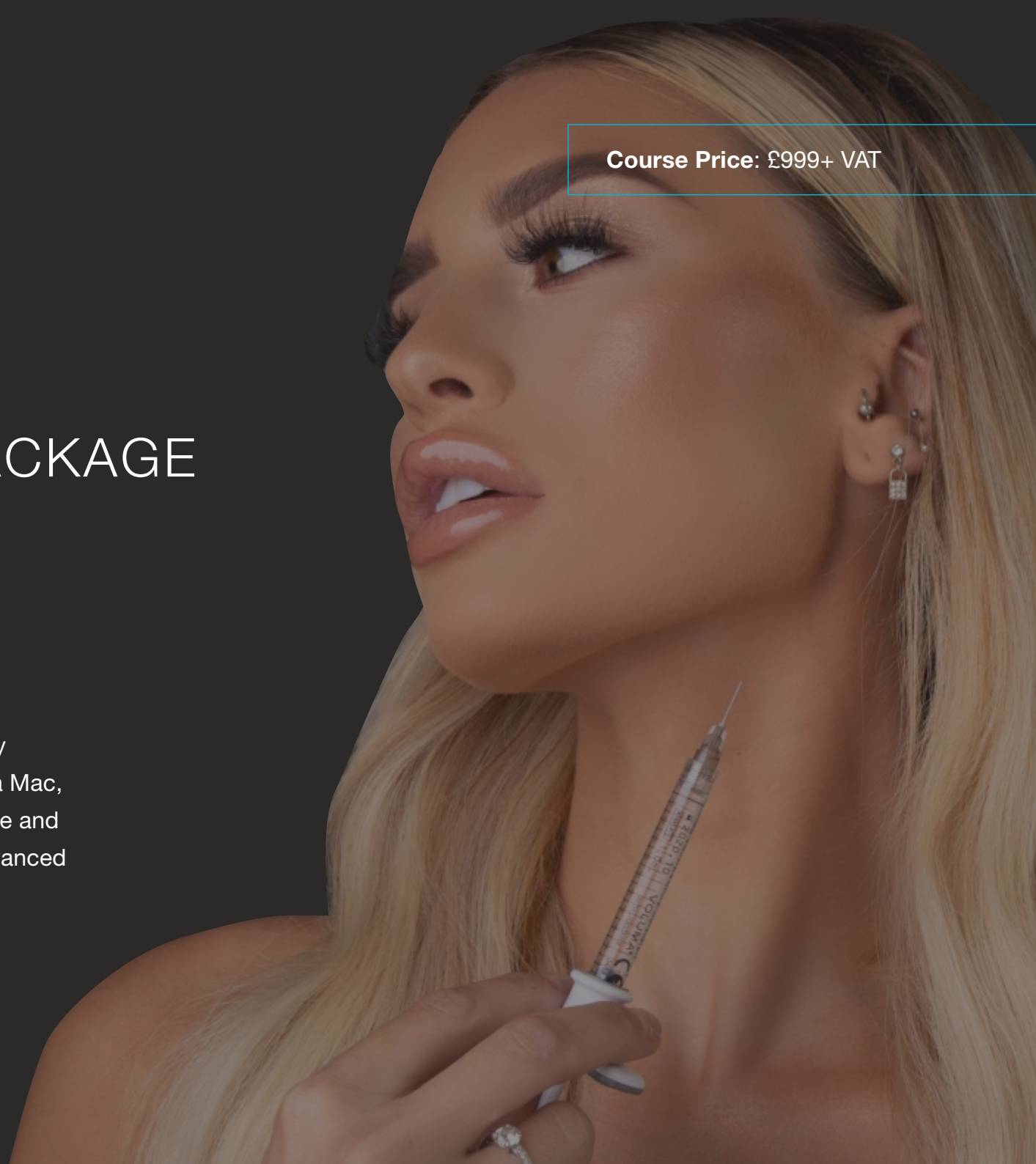
## Course Overview

Learn the techniques behind the flawless celebrity contoured face.

This bespoke course has been designed by Mc Aesthetics managing Director, Rebecca Mac, specifically to help up your Aesthetics game and develop high quality skills in a range of advanced in-demand treatments.

**We will focus on areas such as:**

- Cheek Enhancement
- Jawline Augmentation
- Chin Filler





# LEMON BOTTLE FAT DISSOLVING TRAINING

## Course Overview

This course has been designed to ensure you are safely administering Lemon Bottle.

The course will prepare you to undertake patient assessment to ensure you are treating the correct candidates for this treatment, patient consultation, and the delivery of effective administration of Lemon Bottle to achieve optimal results.

### We will focus on:

- Patient selection
- Consultation skills for Lemon Bottle
- How to identify how many vials is required per area and client
- How to mark up the area of concern
- How to draw up the product and administer it.

### Candidates must be either:

- Medically qualified with a registration pin (Doctor, Nurse, Paramedic, Midwife, Dentist, Dental Nurse)
- NVQ level 2/3 in Beauty or equivalent
- 6+ months experience in SPMU/ Microneedling.

### Course Objectives

#### To understand:

- The science behind the ingredients in Lemon Bottle and how it differs from other fat dissolving products on the market
- How the natural ingredients work to break down stubborn pockets of fat
- Your target audience and how to deliver optimal results
- How to effectively consult the patients for Lemon Bottle
- The aftercare instructions and how effective aftercare can affect the end results.

### Areas Covered:

- Chin · Jawline · Arms · Abdomen · Hips · Back · Thighs

### 1 Day Training Course

**£399** +VAT

### Combined with Profillio / Skin Boosters

**£699** +VAT

### Online Conversion Course (must already be certified in Fat Dissolve)

**£149** +VAT



# LIP AUGMENTATION

## Course Objectives

- To provide you with the knowledge and expertise required to provide safe and ethical Lip Augmentation treatments - inclusive of patient analysis, facial assessment & consultation skills.
- To introduce hyaluronic acid dermal fillers and product knowledge
- To provide you with the theoretical and practical guidance to help you become comfortable with all aspects of Lip Augmentation inclusive of pre, during and post-treatment aftercare.
- To enable you to identify potential complications and recognise how to effectively deal with these alongside any emergency situations.
- To enable you to recreate the Mc Aesthetics signature Lip Enhancement and create your own perfect lip augmentations.

**AREAS COVERED:** Cupids bow , Vermillion Border, Body of the lip, Philtrum ridge rebuilding, Oral commissures.

# DERMAL FILLERS

## Course Objectives

- To understand the science behind the ageing process and what injectable fillers are and how to use them to their full potential for outstanding results.
- To provide you with all the knowledge and skills required to complete a full face assessment, allowing you to understand how the face is being affected by both internal and external factors and how you as an aesthetic practitioner can achieve the best results to achieve outstanding client satisfaction.

**AREAS COVERED:** Naso-labial folds (nose to mouth lines), Marrionette lines (sad mouth), Smokers/Kiss Lines & superficial peri-oral fine lines.

# BOTULINUM TOXIN

## Course Objectives

- To provide you with the knowledge and skills you require to assess, inject and understand the pharmacology of botulinum toxin.
- To provide you with in-depth education of facial anatomy, including arteries, muscles and vectors and how they play a huge role when assessing the face for desired results.
- To enable you to have full understanding of the ageing process and be able to choose the correct dosage of toxin for your individual client and their most effective results.
- To transform you into a confident practitioner who can manage any complications or rectify undesired results if they do occur.

**AREAS COVERED:** Frown Lines, Forehead Lines, Crows feet and Bunny lines.

# DERMAPLANING/ DERMAROLLING/ MICRONEEDLING

## PATHWAY DAY

(included complimentary as part of Start from Scratch or Ultimate Aesthetic Boss)

## Why train with Mc Aesthetics?

At Mc Aesthetics, we see the aesthetic journey as a holistic approach. From filling volume, to relaxing wrinkles and a huge factor is skincare.

As an introduction into skincare, during the dermaplaining/dermaroller teaching day you will cover the anatomy and physiology of the skin. What problems can occur with client's skin, and how you can begin to advise them how to gain the best from their skin.

You will learn how to treat any acne scarring, dull appearance, hyper pigmentation vellus hair removal and skin tightening.

# CHIN & JAWLINE AUGMENTATION

## Why train with Mc Aesthetics?

- A full day tailored to the course objectives
- Intermediate course
- In depth theory and Practical with hands on experience
- Managing unrealistic expectations
- Covering a variety of injection techniques for best results
- Gain Certification and a recognised qualification
- Receive accreditation including your name and company promoted on our official Mc Website
- Ongoing mentorship, advice and support

## Course Objectives

This course is the next step towards becoming an advanced practitioner. You will learn in depth knowledge of the anatomy and physiology of the lower face, mastering product selection for exceptional results.

Covering both the chin and jawline area individually and combined within the course to help you more than achieve the client's expectations. We discuss both injectable fillers and toxin within this course, giving you the best options for you to decide confidently on which is the best option for your client.

# CHEEK AUGMENTATION

## Why train with Mc Aesthetics?

- A full day tailored to the course objectives
- In depth theory and Practical with hands on experience
- Covering a variety of injection techniques for best results
- Gain Certification and a recognised qualification
- Receive accreditation including your name and company promoted on our official Mc Website
- Ongoing mentorship, advice and support

## Course Objectives

Cheek augmentation is one of the most effective treatments you can offer within your aesthetics portfolio. Whether you are restoring or enhancing, the mid-face is one of the first areas to deplete of volume and causes some undesired changes to the face.

You will learn how to inject safely and in the most effective way to give the best results for your clients needs/wants. We will introduce you to the use of a cannula, an advanced injection method to really define, restore and enhance cheeks in the safest way possible. We look at both young v older clients, their expectations and how to deliver an outstanding consultation to prevent complaints and unexpected results.

# ADVANCED TOXIN

## Why train with Mc Aesthetics?

- 1 day in-depth training
- In depth theory and Practical with hands on experience
- Gain Certification and a recognised qualification
- Ongoing mentorship, advice and support

## Course Objectives

We will give you the knowledge and skills to assess, inject and understand the pharmacology of Botulinum toxin for use in advanced aesthetic procedures and treatment of medical conditions.

Course Price: £699 + VAT

**Must have experience in Basic Toxin for 6+ months.**

There is in depth education of the anatomy including muscles of the lower face and neck as well as indication and dosing for the treatment of specific medical conditions such as hyperhidrosis and bruxism.

The areas covered include:

- Lower face- Gummy Smile, Smokers lines, Chin, Masseter/Jowl and Marionettes.
- Nefertiti Neck Lift
- Nose Tip
- Lip Flip
- Chin dimpling
- Hyperhidrosis

You will understand the indications for treatment and be able to choose the correct dosage of toxin for the most safe and effective results. We aim to transform you into an advanced practitioner who can manage any complications or undesired results if they do occur.



**Course Price:** £699 + VAT

**Combined Tear Trough:**

£999 + VAT

# RHINOPLASTY

## Why train with Mc Aesthetics?

- A full day tailored to achieve the course objectives.
- In depth theory and practical with hands on experience.
- Managing unrealistic expectations.
- Covering the correct injection techniques to achieve optimal results.
- Gain certification and a recognised qualification.
- Receive accreditation including your name and company promoted on our official Mc Aesthetics website.
- Ongoing mentorship, advice and support.

## Course Objectives

Non-surgical rhinoplasty is the perfect alternative to surgical intervention.

- We will show you how to assess the nose and devise a plan to combat the patients concerns.
- We will cover how to disguise the appearance of bumps, build up a small nose, create definition and shape and lift the nose tip.
- We will show you the correct injection depth and product selection to achieve the desired results.
- You will be taught how to undertake an exceptional consultation to ensure the patient is aware of the risks associated with filler in the nose, what to expect both during and after the procedure.
- Danger zones will be explored, and safety precautions explained to reduce the risk of filler complicated incidence.

**Course Price:** £699 + VAT

**Combined Rhinoplasty:**

£999 + VAT

# TEAR TROUGH

## Why train with Mc Aesthetics?

- A full day tailored to achieve the course objectives.
- In depth theory and practical with hands on experience.
- Managing unrealistic expectations.
- Covering the correct injection techniques to achieve optimal results.
- Gain certification and a recognised qualification.
- Receive accreditation including your name and company promoted on our official Mc Aesthetics website.
- Ongoing mentorship, advice and support.

## Course Objectives

- The course will cover patient assessment to ensure suitable patient selection.
- Treating the under-eye area using cannula method
- Risks associated with treating the under-eye area and patient aftercare
- How to manage unrealistic expectations
- How to identify issues associated with the treatment and treat them accordingly.

**Course Price:** £399 + VAT

**Combined Vitamin B12:**

£499 + VAT

Lumi Eye | Add On | £100 + VAT

# PROFHILO/ SKIN BOOSTERS

## Why train with Mc Aesthetics?

- A full day tailored to achieve the course objectives.
- In depth theory and practical with hands on experience.
- Covering the correct depth and injection technique for correct product placement.
- Gain certification and a recognised qualification.
- Receive accreditation including your name and company promoted on our official Mc Aesthetics website.
- Ongoing mentorship, advice and support.

## Course Objectives

Profhilo is the newest skin remodelling concept on the market. Its thermal cross-linking technology changes the character and behaviour of the Hyaluronic acid, resulting in its ability to improve skin quality and skin hydration. Its ability to increase the production of collagen and elastin results in a more youthful looking skin.

- You will learn how to mark up the treatment areas using the BAP (bio aesthetic point) technique. Areas include face, neck, arms, abdomen, knees and hands.
- We will show you the correct depth of injections and discuss what can be achieved by the treatment.
- During the training, we will cover the technology behind Profhilo, contraindications of the treatment, treatment schedules and how to incorporate Profhilo into your current treatment menu.

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## VITAMIN B12

### Why train with Mc Aesthetics?

- A full day tailored to achieve the course objectives.
- In depth theory and practical with hands on experience.
- Covering the correct procedure for carrying out the intramuscular injection.
- Gain certification and a recognised qualification.
- Receive accreditation including your name and company promoted on our official Mc Aesthetics website.
- Ongoing mentorship, advice and support.

### Course Objectives

Vitamin B12 is the perfect accompaniment to any aesthetic practice. With a large population of people deficient in B12 and the reduction in GP services, the requirement for vitamin B12 injections in private practice has increased.

- The course will cover the symptoms of B12 deficiency, contraindications, aftercare and side effects of treatment.
- Injection preparation and the correct injection technique will be discussed and practically assessed.

**Course Price:** £299 + VAT

**Combined Prophilo:**

£499 plus VAT

# MICROBLADING & NANOBLADING

## Why train with Mc Aesthetics?

- 2 day intensive training course
- Full day theory
- Full day practical
- Pathway to aesthetic courses
- Full starter kit included in cost
- On-going support and mentorship

## Course Objectives

- To equip you with the skills required to provide safe & hygienic microblading/nanoblading services - inclusive of hair-stroke pattern, brow geometry, brow mapping & colour theory.
- To provide you with the practical guidance to enable you to become confident and competent with microblading/nanoblading including pre, during and post treatment aftercare
- To enable you with the knowledge required to complete the perfect consultation and identify potential contra-indications
- To provide guidance and support in regards to building a successful new business along with marketing advice and social media skills

## ProFacial™

### Combination Aqua-dermabrasion and Energy Device Treatments

(FDA and CE approved)



### Included with each ProFacial™

- ProFacial™ device and stand
- 12x 500ml bottles of solutions (enough to carry out 50-60 treatments)
- Box of tissue masks
- Radio Frequency, Ultrasound and Ion Micro-current handpieces
- Footswitch
- Ultrasound Gel and Radio Frequency Gel
- Image, video and info pack on USB
- Patient leaflet pack and artwork to brand to your clinic/salon
- Consent forms
- 12 month warranty

“The only device with, Aqua-dermabrasion, exfoliation, extraction, deep hydration, Antibacterial, Radio Frequency, Ultrasound and Microcurrent” for a total solution.

#### Promotes Skin Health

- Cleanse • Exfoliate • Extract • Hydrate
- Stimulate • Tighten • Brighten

### Course Objectives

- To offer you the theory and ‘hands on’ expertise to perform the 7 step ProFacial™ treatment and how this would expand your treatment portfolio.
- To understand Alpha and Beta Hydroxy acids and unique Hydration serums, covering their individual effects and benefits to the skin, utilising Aqua-dermabrasion / Aqua Peeling.
- To provide knowledge on the Energy applications of ProFacial™, namely, Radio Frequency, Ultrasound and Ion micro-current and their effects on skin and muscle, including Iontophoresis.
- To enable you to tailor bespoke facial treatments for the differing skin concerns.
- To offer a treatment to your clients that is more frequent than injectables thus keeping a regular relationship.
- To learn the benefits of introducing a treatment that enhances skin health and quality, which in turn will enhance the result of other facial treatments.

### Course Cost

Free of charge with a machine purchase.  
£249 without machine purchase.

T&C\* 1 person per clinic/salon complimentary with machine purchase. Additional staff may attend at a small cost of £100pp

**Machine Financials**  
0% representative finance deal.

**NO DEPOSIT REQUIRED**

- 3 years at £241.00 pcm
- 4 years at £181.25 pcm
- 5 years at £145.00 pcm

(Pro Facial™  
RRP £8700 + vat)

# BESPOKE PACKAGES/1-2-1 TEACHING

## Why train with Mc Aesthetics?

Do you desire 1-2-1 support/teaching? Maybe you are already qualified in some of the above courses however there are some aspects you would like to improve?

Contact us for bespoke 1-2-1 training with one of our advanced practitioners.

We also offer beginners 1:1 training and can tailor bespoke training courses to suit your requirements (please contact us for a personalised quote).

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## HOW TO BOOK



### PayPal

training@mc-aesthetics.co.uk



### Transfer

Sort Code: 60-83-71

Account: 17007496



### Finance

Apply at <https://www.mc-aesthetics.co.uk/finance/>



### Online

Book a place via  
<https://www.mc-aesthetics.co.uk/training-types/>

### Deposit amount:

One day course: £200

Two day (+) course: £400



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**To enquire about our courses, contact us today.**

Tel. 0161 773 3614

Email. [training@mc-aesthetics.co.uk](mailto:training@mc-aesthetics.co.uk)

 [mcaestheticstraining](https://www.instagram.com/mcaestheticstraining)

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